



SIMPLY PERIO™

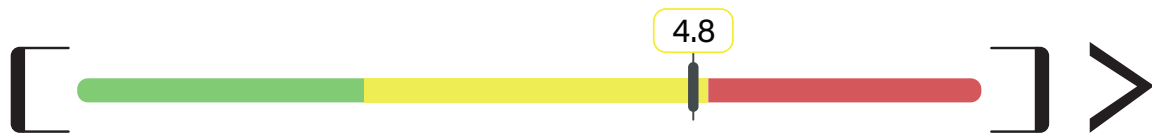
Most people won't recognize they have some form of Gum Disease.

| simplytest.com

Ask your dentist &



Understanding Your Potential



Health Risks

Offers the Opportunities to **STOP** and even **REVERSE** Gum Disease Progression.

- Alzheimer Disease
- Cardiovascular Disease/Heart Attack
- Stroke
- Diabetes
- Cancer (Pancreas, Esophagus, Colon, Lungs, Head & Neck)
- Rheumatoid Arthritis
- Inflammatory Bowel Disease
- Aspiration Pneumonia
- Fatty Liver Disease
- Adverse Pregnancy Outcomes

80%

of adults over 35 **SHOW EVIDENCE OF GUM DISEASE**

Gone unchecked, the pathogens and their toxins can easily move through the bloodstream with far reaching and catastrophic affects on the heart, arteries and central nervous system.

95%

OF THOSE WITH DIABETES also have gum disease lowering glycemic control

70%

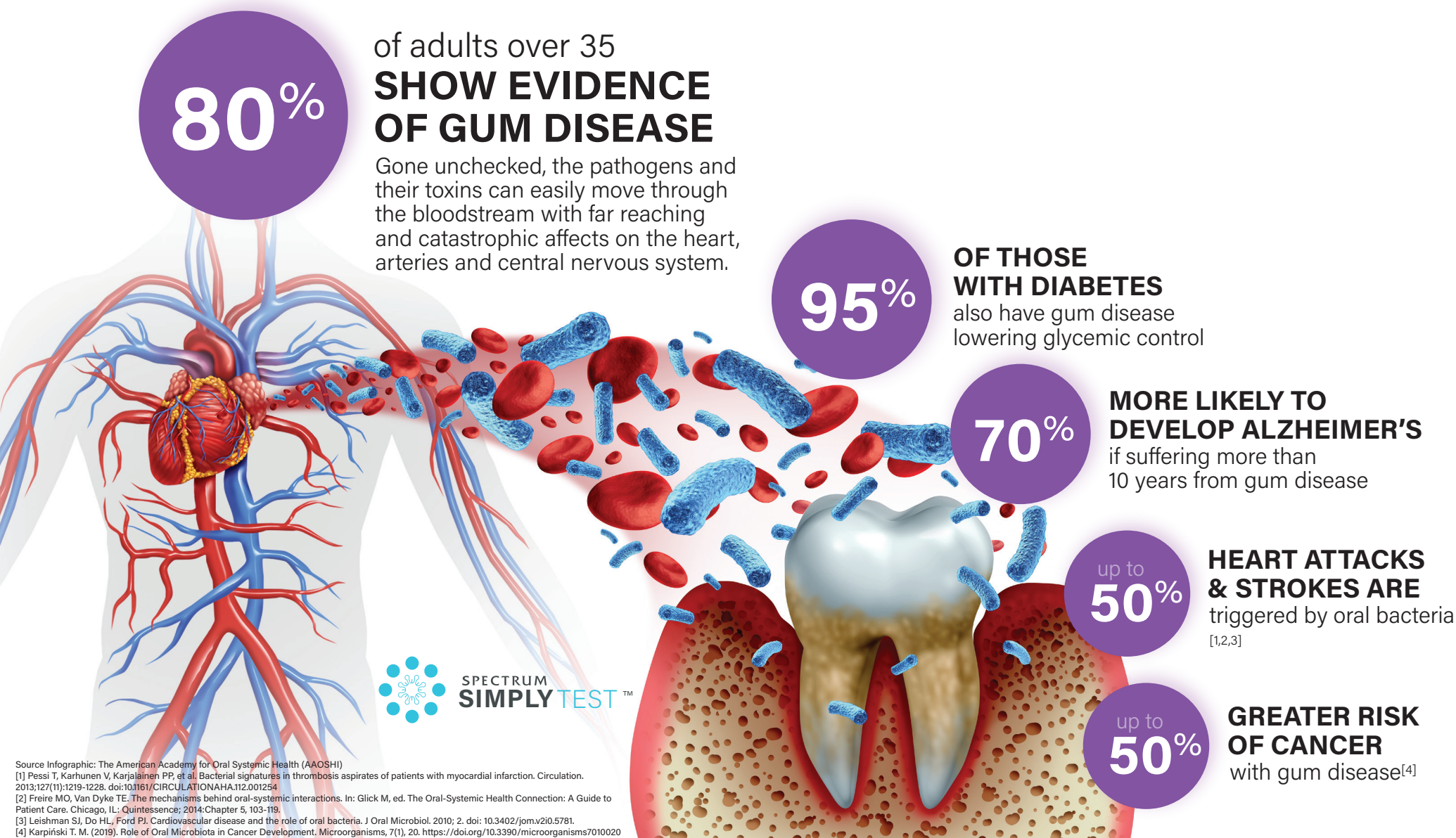
MORE LIKELY TO DEVELOP ALZHEIMER'S if suffering more than 10 years from gum disease

up to **50%**

HEART ATTACKS & STROKES ARE triggered by oral bacteria [1,2,3]

up to **50%**

GREATER RISK OF CANCER with gum disease[4]



Source Infographic: The American Academy for Oral Systemic Health (AAOSHI)
 [1] Pessi T, Karhunen V, Karjalainen PP, et al. Bacterial signatures in thrombosis aspirates of patients with myocardial infarction. Circulation. 2013;127(11):1219-1228. doi:10.1161/CIRCULATIONAHA.112.001254
 [2] Freire MO, Van Dyke TE. The mechanisms behind oral-systemic interactions. In: Glick M, ed. The Oral-Systemic Health Connection: A Guide to Patient Care. Chicago, IL: Quintessence; 2014:Chapter 5, 103-119.
 [3] Leishman SJ, Do HL, Ford PJ. Cardiovascular disease and the role of oral bacteria. J Oral Microbiol. 2010; 2. doi: 10.3402/jom.v2i0.5781.
 [4] Karpiński T. M. (2019). Role of Oral Microbiota in Cancer Development. Microorganisms, 7(1), 20. https://doi.org/10.3390/microorganisms7010020