



# Systemic Risks Connected to Oral Bacteria

Oral bacteria from gum disease can enter the bloodstream and **impact overall health**, making regular **saliva based testing** vital for **early detection and prevention**.

- Alzheimer’s Disease
- Stroke
- Cancer
- Rheumatoid Arthritis
- High Blood Pressure
- Adverse Pregnancy Outcomes
- Heart Disease/Attack
- Diabetes
- Kidney Disease
- Fatty Liver Disease
- Multiple Sclerosis
- Inflammatory Bowel Disease

Molecular Testing By SimplyTest®

CLIA #01D2113023 CAP #9450297



THE KEY TO  
BETTER HEALTH IS  
**RIGHT UNDER  
YOUR NOSE®**





90%

of adults  
**EXPERIENCE SOME FORM OF GUM DISEASE OVER THEIR LIFETIME, OFTEN WITHOUT KNOWING IT**

Harmful bacteria can enter the bloodstream contributing to serious systemic complications such as; heart disease, stroke & adverse pregnancy outcomes.

70%

**MORE LIKELY TO DEVELOP ALZHEIMER'S**  
if suffering more than 10 years from gum disease

50%

**GREATER RISK OF CANCER**  
with gum disease

95%

**OF THOSE WITH DIABETES**  
also have gum disease lowering glycemic control

50%

up to 50% of **HEART ATTACKS & STROKES ARE**  
triggered by oral bacteria

## SIMPLE SALIVA TESTING **POWERFUL** **RESULTS**

**PERIO saliva testing** uses quick, noninvasive saliva analysis to give you and your dentist a clear, **data-backed view** of the bacteria activity in your mouth; providing a real opportunity to stop, and even **reverse disease progression**.

## **GUM DISEASE**

### **Gum disease isn't always easy to see.**

In fact, harmful oral bacteria linked to systemic health issues aren't easily detected in the vast majority of patients using only a visual exam.

Often without symptoms, gum disease is frequently missed and left untreated. Untreated disease has been associated with serious health issues throughout the body.



### **STEP 1. ASK**

Protect your oral health, talk to your dentist about SimplyTest today.

### **STEP 2. SWISH**

Pour rinse into mouth. Swish around your mouth for at least 15 seconds.

### **STEP 3. SPIT**

Spit saline solution with saliva into collection tube using the funnel.

### **STEP 4. SMILE**

Review results with your dental team and take action for better oral and overall health.