



SIMPLY TEST[®] ORAL HEALTH

PERIO

It's not just about the mouth
It's about the **Whole Body**

WHY TEST?

Periodontal disease (gum disease) is a polymicrobial biofilm infection that results in the breakdown of tissue & bone, often leading to tooth loss. But it doesn't stop there, this chronic infection spreads throughout the body. 90% of the population has a form of gum disease. In some, it may be easy to see, but for most, these dangerous and damaging pathogens that cause it can go unnoticed. There are often no obvious symptoms or pain until the disease reaches advanced stages. This makes it easy to miss when only doing a perio probe or visual exam and why saliva testing is so important.

These oral pathogens and their toxins remain hidden and multiply deep inside pockets and under previous dental work. They continue to damage more of the surrounding soft tissue and bone supporting the teeth, and eventually enter the bloodstream where they can trigger or worsen chronic diseases including:

- Cardiovascular disease
- Liver disease
- Diabetes
- Cancer
- Alzheimer's disease

EARLIER DETECTION SMARTER TREATMENT

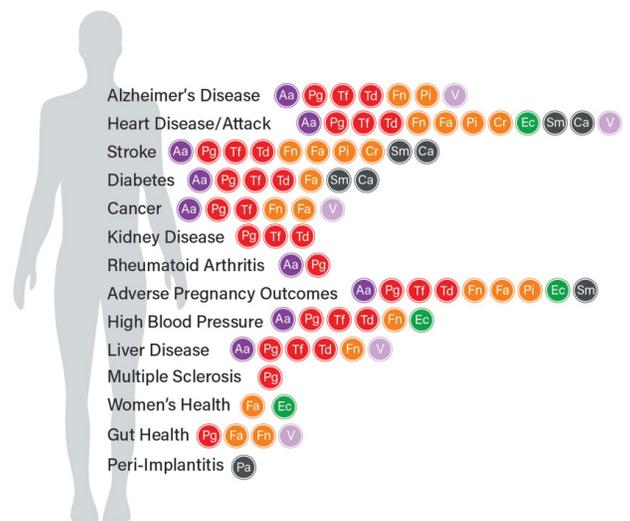
The Perio Test uses advanced DNA analysis to identify and measure the levels of harmful bacteria contributing to periodontal disease. It detects specific subspecies with high sensitivity, aligned with established therapeutic guidelines for treatment.

The test also includes both beneficial and harmful caries related organisms, as well as fungal and viral targets providing a more comprehensive view of the oral environment and insight into the patient's immune response to active infection.

Saliva testing provides early detection, allowing patients the opportunity for a more successful and targeted treatment based on their immune status and individual test results.

With these personalized insights, patients and providers can take action sooner, before irreversible damage or systemic disease develops.

SYSTEMIC RISKS CONNECTED TO ORAL PATHOGENS

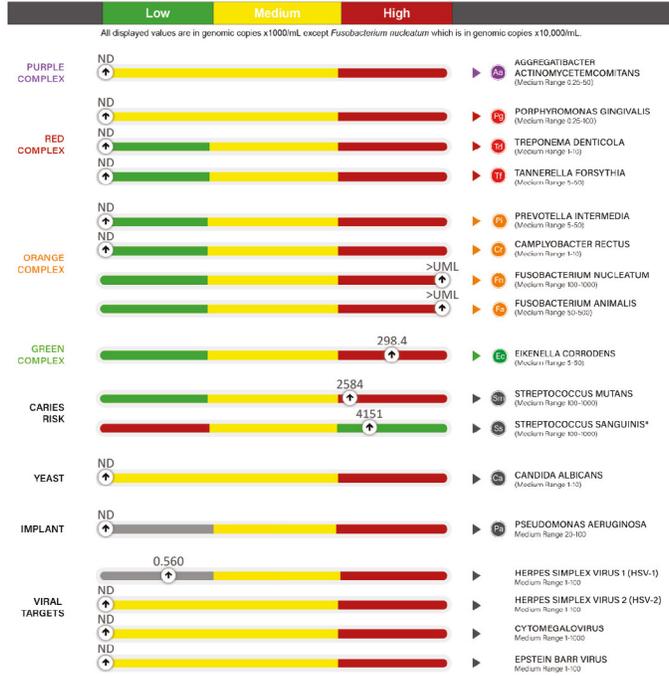


SIMPLYTEST® PERIO REPORT



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Testing Performed By Alimetric - CLIA #: 01D2113023
Medical Director: Dr. Richard V. Spera MD, FACP
simplytest.com

FINAL REPORT		
PERIO		
Sample Type: Saliva		
Reported: 2026-02-06T18:54		
PATIENT INFO	SAMPLE INFO	ORDERING PROVIDER
Name: John Doe	Specimen #: TEST0130202601	Name: Test Org Admin And Provider
DOB: 01/01/1999	Collected: 2026-01-30T22:25	NPI: 0123456789
Sex: M	Received: 2026-01-30T16:34	Phone: 6153367534



*The presence of *Streptococcus sanguinis* is associated with healthy plaque biofilm. ND = Not Detected UML = Upper Measuring Limit (x9999). Displayed reference ranges are provided for contextual visualization and are not intended to represent diagnostic or treatment thresholds. Viral levels in saliva do not have established clinical thresholds for distinguishing latent infection, asymptomatic shedding, or active disease. Quantitative values obtained from saliva may not correlate with systemic viral burden, lesion viral load, or clinical disease activity.

PERIO HOW TO TEST

- Collect**
Collect 1 mL of patient saliva, place in postage paid box and send sample off to the lab.
- Review**
Review results on secure HIPAA compliant web portal including option to share with patients.
- Evaluate**
Evaluate actionable clinical insights and determine next steps or provider hand-off for collaborative treatment plan.
- Monitor**
Retest to monitor treatment and successful outcomes.

WHO TO TEST

- Test Everyone!
- Patients with bleeding while charting or cleaning and those with mild, moderate, or severe periodontitis.
- Patients with unexplained inflammatory biomarkers such as hsCRP.
- Patients at current risk of any systemic health disease.
- All patients pre and post restorative care procedures (braces, extraction, root canals, implants).
- Those currently pregnant or actively pursuing pregnancy.



Get Started
Testing Today



SIMPLYTEST®
ORAL HEALTH

www.simplytest.com

Molecular Testing by SimplyTest® | CAP #9450297 | CLIA #01D2113023
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