

**1**

This **Oral Health test** uses **only the instructions found on this card**. Do not eat, drink, smoke, chew gum, or brush teeth 30 minutes prior to collection.

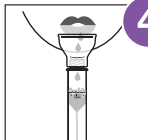
**2**

Open the Clear Saline Tube. Pour rinse into mouth.

DO NOT SWALLOW

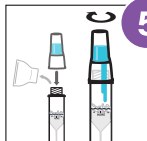
**3**

Swish around your mouth for at least 15 seconds. Try to stimulate the gums while you are swishing.

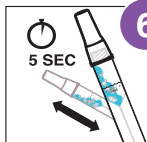
**4**

Spit saline solution with saliva into collection tube using the funnel. Continue to spit into device until reaching the fill line.

(Warnings & safety information can be found inside Device IFU if needed.)

**5**

Remove the funnel from tube. Screw cap filled with blue solution onto tube and tighten. Once fully tightened, the solution will release and flow into tube mixing with saliva.

**6**

Tilt the tube back and forth to mix saliva with the preservation solution.

(Continue to step 7 on back of this card.)



SIMPLYTEST®
ORAL HEALTH

- Please read the entire instructions or watch video before beginning sample collection.
- Check to ensure everything is provided to complete sample collection

7

Write first and last name (no initials) and date of birth (MM/DD/YYYY) on tube label. **This is a regulatory requirement. Samples that are missing either identifier or that are not labeled exactly as instructed will be rejected.**

If you are completing this test at home: Skip Step 8 (registration is completed by your provider) and Proceed to Steps 9 - 10.

8

Register test in provider portal. Verify the first and last name and DOB entered match what is written on the tube. Verify the Sample ID entered matches the barcode.

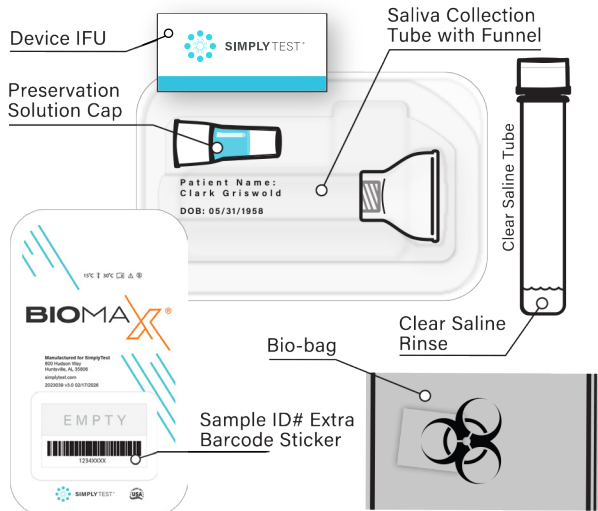
9

Place the sealed tube into bio-bag. Seal the bio-bag and place it inside the return mailer box. Peel adhesive strip from return mailer box lid and press to seal closed.

10

Refer to the enclosed shipping instruction card. Select your preferred carrier and attach the appropriate label to the return mailer box. Contact the carrier for drop-off locations or to schedule a pick-up.

Kit Contents



This SimplyTest Oral Health device is intended for the non-invasive collection, preservation, storage, and transport of saliva samples for laboratory analysis.

Manufactured for SimplyTest® 800 Hudson Way Huntsville, AL 35806

2025064v2.0 REF 2023045, 2025061, 2025062 3/02/2026